

Diabetes Resource Links

SHINE

<https://www.mass.gov/health-insurance-counseling>

The SHINE (Serving the Health Insurance Needs of Everyone) Program provides free health insurance information and counseling to all Massachusetts residents with Medicare and their caregivers. People who have Medicare or who are about to become eligible for Medicare can meet with a counselor to learn about benefits and options available. A counselor will review programs that help people with limited income to pay health care costs. You can reach a SHINE Counselor at (800) 243-4636, press 3 or press 5 if calling from a cell phone. TTY/ASCII (800) 439-2370.

Good Rx

Prescription Prices, Coupons & Pharmacy Information

<https://www.goodrx.com>

GoodRx is a startup company which operates a free-to-use website and mobile app that tracks prescription drug prices and offers drug coupons in the United States. GoodRx checks more than 75,000 pharmacies in the United States.

AAA Exclusive savings of up to 85% on your prescriptions now available with [GoodRx](#)

<https://www.aaarx.com>

AAA members can now save up to 85% with [GoodRx](#) on prescriptions for the entire family, including pets. [GoodRx](#) Prescription Discounts often offers a lower price than your insurance copay and can be used instead of your insurance. This free benefit can be used at over 70,000 U.S. pharmacies nationwide. There are no claim forms to complete and no registration required. Saving is easy and instant! Simply search for coupons [online](#) or download your digital card on the [AAA Mobile](#) app and present to the pharmacist with your prescription(s). Learn more about the benefits of a AAA membership at [AAA.com](#).

**GoodRx Prescription Discounts for AAA members is not insurance and cannot be used with insurance. GoodRx for AAA members can be used instead of insurance or Medicare. It cannot be combined with any federal or state-funded program such as Medicare.*

Walmart-ReliOn Diabetic Supplies

<https://www.walmart.com/c/brand/reliion-diabetic-supplies>

Prescription Drug Assistance | Mass.gov

<https://www.mass.gov/prescription-drug-assistance>

Prescription Advantage provides **prescription** drug coverage for **Massachusetts** residents age 65 and older, as well as younger people with disabilities who meet income and employment guidelines. **Prescription Advantage** is a state-sponsored **prescription** drug **program** for seniors and people with disabilities.

Community Programs offering exercise and/or diabetes education may be located through senior centers and town recreation departments.

Publications on Living with Diabetes

Diabetes Forecast

<http://www.diabetesforecast.org/>

Diabetic Living

<http://www.eatingwell.com/category/4324/diabetic-living-magazine/>

Diabetes Digest

<http://diabetesdigest.com/>

American Diabetes Association

<https://www.diabetes.org/>