

Points North/East of LHMC Peabody

Community Resources for COVID-19

**Please note this document contains "up to date" info as of 5/12/20. Given the possibility of changes in services due to COVID-19, care team members are expected to verify info prior to disseminating.*

Elder Service Agencies (Aging Services Access Points/ASAPs)

ASAPs are non-profit regional agencies contracted with the Executive Office of Elder Affairs/EOEA to provide programs and services to seniors and their caregivers to allow seniors to remain independent in their homes. Programs include in-home services, such as homemaking and personal care, through the State Home Care program, Nutrition Services that include home delivered meals (Meals On Wheels), congregate meal sites and nutrition education, housing programs, caregiver support, money management, SNF Ombudsman services, and SHINE (Serving Health Insurance Needs of Everyone). ASAPs are the state agents for Adult Protective Services for elders at risk of abuse and/or self-neglect and screening agents for MassHealth clinical eligibility determination. ASAPs also provide the Geriatric Support Services Coordinators/GSSCs for Senior Care Options/SCO programs.

- **North Shore Elder Services (NSES):** 978-750-4540 Serves: Danvers, Marblehead, Middleton, Peabody, and Salem
- **Elder Services of Merrimack Valley (ESMV):** 978-683-7747 Serves: Amesbury, Boxford, Dunstable, Haverhill, Merrimac, Newburyport, Salisbury, Westford, Andover, Billerica, Dracut, Chelmsford, Georgetown, Lawrence, Methuen, North Andover, Tewksbury, West Newbury, Groveland, Lowell, Newbury, Rowley, and Tyngsboro
 - ❖ **NSES and ESMV are open and accepting new referrals**
 - ❖ **telephonic assessments in lieu of home visits (some discretion on part of CM and elder should they mutually agree home visit is warranted)**
 - ❖ **MOWs for all elders 60+ and HOMEBOUND criteria is not in effect given congregate meal sites are closed**
 - ❖ **no impact on service availability by vendor agencies, however, many elders are choosing to suspend their services to limit risk of exposure to virus**
 - ❖ **ESMV link for food resources in Merrimack Valley and North Shore:**
<https://nselder.org/wp-content/uploads/2020/04/Food-Resource-Directory-4-29-2020.pdf>
- **Greater Lynn Senior Services:** 781-599-0110 Lynn, Lynnfield, Nahant, Swampscott, and Saugus
 - ❖ **open and accepting new referrals; answering service is forwarding calls to the designated person/department; home care staff, protective services case workers, and clinical counselors are connecting with consumers telephonically for the most part; hot and frozen home delivered meals are being distributed several times per week instead of daily; congregate meals are being provided as prepackaged grab and go lunches for pick up at 8 Silsbee Street in Lynn**
- **SeniorCare:** 978-281-1750 Beverly, Essex, Gloucester, Hamilton, Ipswich, Manchester-by-the-Sea, Rockport, Topsfield, and Wenham
 - ❖ **open and accepting new referrals although some PCA services can be limited depending on the ability to conduct the nursing assessment for new consumers**
 - ❖ **telephonic assessments in lieu of home visits**
 - ❖ **no taxi transportation, but still able to get to rides to medical appointments which medical office state are necessary (pain clinic, dialysis, cancer tx, PCP requested appts); using Beauport, volunteers and Dial-A-Ride; call**

978-491-0595; the Cancer Society is providing transport in this area; MassTrans only to dialysis

- ❖ **home delivered meals/Meals on Wheels (MOWs) for HOMEBOUND SENIORS ONLY (with no supports or means for food otherwise) Monday through Friday; to sign up call 866-927-1050; taking new consumers, but only if they always homebound (not just due to COVID-19), have no supports and no other means access to food**
 - **Grab & Go Lunches** - Packed lunches available to *any* seniors who need one. Meals must be reserved 24-hours in advance by phone; Seniors are instructed to drive to the Senior Center's parking lot to pick up a lunch from 11:00 to 11:30 AM:
 - Ipswich Senior Center (Ipswich) - 978-356-6650
 - Beverly Senior Center (Beverly) - 978-927-9544
 - Rose Baker Senior Center (Gloucester) - 978-283-0359
- ❖ **Seniorcare COVID-19 Resources (food, banking, etc.):**
https://docs.google.com/document/d/1e_Gv2W_PBUt9rCodCmLS2VXN6xNO7tTcYzILzON98tg/edit

Transportation

- MBTA - The RIDE
 - ❖ The RIDE Eligibility Center (TREC) is closed for in-person appointments
 - ❖ Riders must wear a mask, all shared rides have been eliminated (unless it is the rider's PCA/escort), and trips need to be booked 1-3 days in advance
 - ❖ Temporarily customer can book ride for their PCAs to get to and from their homes to provide vital ADL care
 - ❖ They are working to eliminate transfer trip to avoid multiple driver exposure
 - ❖ Vehicles are cleaned and disinfected every 24-hours
 - ❖ all interactions with TREC, including ADA Visitor Requests, will be conducted during business hours by phone 617-337-2727 or email trec@paratransit.org
 - ❖ **new RIDE customers may be granted temporary eligibility if they meet the 30-day Medical Necessity criteria** provided by a licensed healthcare provider by TREC; **30-Day Medical Necessity is temporarily being extended to 150 days**
 - ❖ **current RIDE customers requiring recertification will be automatically extended**
 - ❖ newly approved (granted medical necessity) and existing RIDE customers whose eligibility has been extended will eventually need to participate in an in-person interview
 - ❖ The RIDE serves the following communities:
 - NORTH: Beverly, Chelsea, Danvers, Everett, Lynn, Lynnfield, Malden, Marblehead, Melrose, Middleton, Nahant, Peabody, Reading, Revere, Salem, Saugus, Stoneham, Swampscott, Topsfield, Wakefield, Wenham, Wilmington and Winthrop
 - WEST: Arlington, Bedford, Belmont, Burlington, Concord, Lexington, Lincoln, Medford, Newton, Waltham, Watertown, Weston, Winchester and Woburn. Portions of Billerica and Wellesley that are within ¾ miles of MBTA bus service.
 - SOUTH: Braintree, Canton, Cohasset, Dedham, Hingham, Holbrook, Hull, Medfield, Milton, Needham, Norwood, Quincy, Randolph, Sharon, Walpole, Westwood and Weymouth. Portions of Abington, Avon, Brockton, Stoughton and Wellesley that are within ¾ miles of MBTA bus service during operating hours.
- **Private or contracted transportation** such as Uber, Lyft, ambulance or chair car

- **Mobility Links** [888-499-5324](tel:888-499-5324) (Beverly, Danvers, Essex, Gloucester, Hamilton, Ipswich, Lynn, Lynnfield, Manchester by the Sea, Marblehead, Middleton, Nahant, Peabody, Rockport, Salem, Saugus, Swampscott, Topsfield, and Wenham); **can leave a message, unsure of capacity at this time as no return call has been received**
- **Beauport Ambulance** [978-281-6955](tel:978-281-6955) Serves: Cape Ann and Beverly; Ambulance and ADA Paratransit services; **non emergency requests for ESSENTIAL medical appointments only**; reservations must be made at least 24-48 in advance
- **Cape Ann Transit Authority (CATA) Dial-A-Ride and ADA Paratransit Service** Serves: Gloucester, Rockport, Essex, Manchester [978-283-7916](tel:978-283-7916) **OPEN**
- **MVRTA – EZ Trans:** [978-469-6878](tel:978-469-6878), [Option 3](#) Service is only available within the 3/4 mile corridor on each side of an MVRTA fixed bus route. The MVRTA fixed bus route system operates in Amesbury, Andover, Haverhill, Lawrence, Merrimac, Methuen, Newburyport, North Andover and Salisbury; **call center is being serviced remotely; delays may be experienced**
- **MVRTA Boston/Peabody Medi-Ride:** [978-469-6878](tel:978-469-6878), [Option 3](#), MVRTA.com
 - ❖ **No services on Sundays**
 - ❖ Medi-Ride is an advanced phone request service for MVRTA Special Services passengers which provides Monday, Tuesday, and Thursday service from the Merrimack Valley Area to Boston Hospitals and the Lahey Clinic in Peabody. The Medi-Ride Service uses wheelchair-lift equipped vans similar to the vans used in MVRTA Special Services service. Reservations must be made at least one week (7 days) in advance, and may be made no more than 14 days in advance.
- **NurseCare Transportation:** [978-975-0654](tel:978-975-0654) Serves: Andover, Haverhill, Lawrence, Methuen, North Andover, and Salem, NH
 - ❖ **Not accepting new appointments at this time**
- **Councils on Aging/Town Specific Transportation:**
 - ❖ **GLSS Transportation Line:** [781-477-4237](tel:781-477-4237); **leave a message; unsure of capacity at this time as not return call was received**
 - ❖ **Beverly:** 90 Colon Street, [978-921-6017](tel:978-921-6017); **NO RIDES, transport services are shutdown**
 - ❖ **Danvers:** 25 Stone Street, [978-762-0208](tel:978-762-0208) **CLOSED**; for public health emergencies call Town Hall [978-777-0001](tel:978-777-0001) then press 1
 - ❖ **Gloucester:** Rose Baker Senior Center, 6 Manuel F. Lewis Street, [978-281-9765](tel:978-281-9765) **CLOSED; no medical rides**
 - ❖ **Hamilton:** Hamilton Senior Van Transportation provided by Beauport Ambulance Service: [978-281-6955](tel:978-281-6955)

- ❖ **Ipswich:** 25 Green Street, [978-356-6650](tel:978-356-6650) Van is continued for local transportation and has a contact with CATA for out of town medical appointments
- ❖ **Lynnfield:** 525 Salem Street, [781-598-1078](tel:781-598-1078) **CLOSED**
- ❖ **Peabody:** 75R Central Street, Peabody, [978-531-2254](tel:978-531-2254)
Must be a senior center member (or speak with a counselor to become a member) and call 1 week in advance
 - Medical transportation to appointments in Peabody, Salem, Beverly, Danvers, and Lynn
 - Grocery shopping trips to Shaws in Peabody

Massachusetts Association for Community Action “MASSCAP” Agency

(Fuel Assistance, homelessness prevention, job training, emergency food assistance and more)

- **Action Inc.:** [978-282-1000](tel:978-282-1000) Serves: Gloucester, Essex, Ipswich, Manchester-by-the-Sea, and Rockport. Fuel Assistance program also serves Hamilton and Wenham
 - ❖ **Main Office (180 Main St.) and Energy Office (47 Washington St.) CLOSED**, however providing services via phone and email; all Main Office and Energy Office services will be available Monday–Friday 9am-5pm by contacting [978-282-1000](tel:978-282-1000) or help@actioninc.org or live chat team members here on the website
 - ❖ Emergency Shelter is operating at full capacity; contact [978-283-4125](tel:978-283-4125) or shelter@actioninc.org with inquiries
 - ❖ Fuel Assistance: email fuelassistance@actioninc.org or call [978-281-3900](tel:978-281-3900)
 - ❖ Energy Efficiency: email energyefficiency@actioninc.org or call [978-283-2131](tel:978-283-2131)
 - ❖ Client and Housing Services (benefits assistance, housing assistance, etc.): email help@actioninc.org or call [978-282-1000](tel:978-282-1000)
- **Lynn Economic Opportunity, Inc** [781-581-7220](tel:781-581-7220) Serves: Lynn, Lynnfield, Nahant, Swampscott, Saugus (Fuel Assistance program available to Wakefield residents)
 - ❖ **Broad Street offices CLOSED;** leave a message with name and number along with the person or department/type of assistance needed to receive a call back from staff working Monday-Friday 9am-3pm
- **Community Action, Inc** [978-373-1971](tel:978-373-1971) Serves: Amesbury, Boxford, Georgetown, Groveland, Haverhill, Merrimac, Newbury, Newburyport, Rowley, Salisbury, and West Newbury. Some CAI programs also serve Beverly, Essex, Gloucester, Hamilton, Ipswich, Lawrence, Manchester, Rockport, Topsfield and Wenham
 - ❖ **CAI's offices at 3 Washington Square are closed to the general public**
 - ❖ **Program updates:**
 - Northern Essex WIC Haverhill, Amesbury, Gloucester and Beverly Offices: WIC is providing all services remotely at this time; call [978-374-2191](tel:978-374-2191) or [978-373-1971](tel:978-373-1971) x 239 leaving a name and phone number
 - Heating/Fuel Assistance is available for new applications and questions by phone only call [978-373-1971](tel:978-373-1971) ext. 218

- Community Services (includes RAFT and other housing/benefit services) is available by telephone only - please call [978-373-1971](tel:978-373-1971) ext. 286 or ext. 213 for English; ext. 213 for Spanish only
- Head Start/Early Head Start classes and group programming are closed
- Family Day Care All Family Day Care educators will be closed
- Family and Community Connection is available; call [978-914-7893](tel:978-914-7893) or e-mail Melanie at mtamberino@communityactioninc.org
- **Community Teamwork, Inc.:** [978-459-0551](tel:978-459-0551) Serves: Greater Lowell – Lowell, Billerica, Chelmsford, Dracut, Dunstable, Tewksbury, Tyngsboro and Westford – and Middlesex and Essex Counties for a total reach of 63 cities and towns
 - ❖ **Office is closed to the public**
 - ❖ **Emergency COVID Hotline monitored weekdays 8:30AM to 5 PM; visit www.commteam.org for emergency contact numbers**
 - ❖ **All individual meetings, workshops and trainings cancelled until further notice**
- **North Shore Community Action Program:** [978-531-0767](tel:978-531-0767) Serves: Peabody, Salem, Beverly and Danvers, plus several other area towns
 - ❖ **CLOSED to public;no on-site intakes, classes, meetings, etc.**
 - ❖ Leave a message for the appropriate department and staff will return the call

Shelters & Homeless Assistance

- **Action Inc.,** 370 Main Street, **Gloucester** [978-283-4125](tel:978-283-4125)
- **River House Shelter,** 56 River Street, **Beverly** [978-921-1304](tel:978-921-1304)
- **Lynn Shelter Association,** [781-581-6600](tel:781-581-6600)
- **Lifebridge Shelter,** 56 Margin Street, **Salem** [978-744-0500](tel:978-744-0500)
- **Citizens for Adequate Housing, Inc.:** 40 Washington Street, **Peabody** [978-531-9775](tel:978-531-9775); provides temporary housing solutions for homeless families, permanent housing to low income families along with emergency shelters and sober housing
- **Massachusetts Coalition for the Homeless** [781-595-7570](tel:781-595-7570)
- **Lowell Transitional Living Center** [978-458-9888](tel:978-458-9888)
- **House of Hope, Inc.** [978.458.2870](tel:978.458.2870)
- **McGinnis House (Medical Respite)** 780 Albany St, **Boston** [857-654-1044](tel:857-654-1044)
- **Massachusetts Coalition for the Homeless** [781-595-7570](tel:781-595-7570)
- **Shelter search:** <https://www.homelessshelterdirectory.org/massachusetts.html>
- **Housing assistance may be available through the local MASSCAP Agency** (see above)

Food Resources

- **Meals on Wheels,** contact the Elder Service Agency for the specific city/town
- **SNAP (food stamps):** Department of Transitional Assistance: [877-382-2363](tel:877-382-2363)
- **The Open Door Ipswich Community Food Pantry** [978-283-6776](tel:978-283-6776) Serves: Gloucester, Rockport, Essex, Manchester-by-the-Sea, Ipswich, Hamilton, Wenham, Rowley, Boxford, and Topsfield

- ❖ **Gloucester Food Pantry** Open Monday–Friday, 10 AM–5 PM, for **curbside pick-up** at 28 Emerson Avenue in Gloucester; delivery available to homebound and quarantined households
 - **Community Meals** Available weekdays 3–5 PM, Monday–Friday; call by 2PM each day for no-contact delivery
 - **SNAP appointments:** 978-283-6776 ext. 266
- ❖ **Ipswich Community Food Pantry** Open Wednesdays and Thursdays, 11 AM–4 PM, for **curbside pick-up** at Southern Heights in Ipswich
- **Salvation Army:** [978-744-5181](tel:978-744-5181), 93 North St, Salem, **Food Pantry hours are Monday, Wednesday, and Fridays 9:30-11:30am**; those who are working, appointments can be made for times not listed; Community Lunch Program: Tuesdays and Thursdays 12:00-12:30pm
- **Haven From Hunger:** [978-531-1530](tel:978-531-1530), **will continue to operate at 71 Wallis Street in Peabody**, providing clients with pre-bagged groceries, including dairy, meats, fresh produce, and shelf-stable food from 10:30am–2:30pm every Monday, Tuesday, Thursday, and Friday; available to all residents of Peabody, Salem, and Lynnfield; take-away meals distributed from 4:00-5:00 pm on the same days to any Peabody residents who need a meal
- **Town of Danvers:** food program is being offered to **ALL Danvers citizens in need** who are unable to access sufficient food resources through other programs/family/friends; Brown Bag Lunches are available for delivery from the Danvers High School cafeteria; email lunch@danvers.org or call Cheryl at [978-882-2118](tel:978-882-2118) by 9:00 am each day with your name, address, number of family members and lunch(s) of choice : turkey & cheese, ham & cheese, tuna salad, or salad; Danvers High School staff and volunteers will deliver and leave on the doorstep; requested lunches also available for pickup Monday-Friday between 11AM-1PM,
- **Danvers People to People Food Pantry:** [978-739-4188](tel:978-739-4188) **Thursday doorstep delivery service only** during the pandemic quarantine; call the Pantry leaving one’s name, address, phone number to request a delivery; town employees/volunteers will bring a bag of staple grocery items to one’s door, but cannot leave the bag of food if not home or do not answer the door; food choices are hamburger, chicken or hotdog
- **CAI Amesbury Center Food Pantry:** [978-388-2570](tel:978-388-2570), 44 Friend St, Amesbury is scheduling **food pickup on Mondays, Tuesdays and Thursdays**; residents of Amesbury, Merrimac, Salisbury, Newburyport, Newbury and West Newbury can leave a message for an appointment call back; Clothing Bank is closed until further notice
- **Pettengill House, Food Pantry:** 13 Lafayette Road in Salisbury, [978-463-8801](tel:978-463-8801), operating by appointment only for curbside pick up; leave a message indicating you are seeking food assistance and staff will call back
- **Community Servings:** [617-522-7777](tel:617-522-7777); <https://www.servings.org> **fully operational serving existing consumers and accepting new consumers (although there are delays in start/waitlist)**; delivering prepared meals; can provide medically tailored meals to individuals and families living with critical and chronic illnesses; serves a wide catchment area (see map online); application form on website or can call

***Food Pantry Hotline:** [800-645-8333](tel:800-645-8333)

Grocery Services & Restaurants

- **Grocery Store Special Hours** *for those 60+ or immunocompromised*
 - ❖ **Market Basket** - Daily from 6:00 AM to 7:00 AM

- ❖ **Whole Foods** - Daily from 8:00 AM to 9:00 AM
- ❖ **Shaws** - Tuesdays and Thursdays from 7 AM to 9 AM
- ❖ **Stop & Shop** - Daily from 6:00 AM to 7:30 AM
- ❖ **Trader Joe's** - Daily from 9:00 to 10:00 AM
- ❖ **Henry's** - Daily from 7:00 to 8:00 AM
- **Grocery Delivery Services**
 - ❖ **Stop & Shop Peapod:** Shop online at www.peapod.com for goods for home delivery; delivery can be 1-2 weeks out
 - ❖ **Instacart (computer, smart phone, tablet required):** Online grocery delivery service utilizing paid shoppers to shop stores for perishables and non-perishables; consumers place order online at www.instacart.com and select delivery time; delivery can be 1+ weeks out
 - ❖ **Whole Foods Grocery Delivery:** Available to Amazon Prime members only and not available in all zip codes. Check availability at: <https://www.wholefoodsmarket.com/grocery-delivery-and-pickup>
- **Cape Ann Region - Restaurants and Food Stores:**
 - ❖ Cape Ann Chamber of Commerce & Discover Gloucester compiled a list of local restaurants with take-out/delivery services to Essex, Gloucester, Manchester, and Rockport along with food stores hours and whether they deliver or offer curbside service: <https://capeannchamber.com/covid-19-updates/>
- **Greater Beverly Area Restaurants:**
 - ❖ Greater Beverly Chamber of Commerce has compiled a list of local restaurants open including their hours and types of service offered (carry out, curbside, delivery): <https://greaterbeverlychamber.com/restaurantsopenforbusiness/>

Addiction & Crisis Services

- **Lahey Psychiatric Crisis Team (Salem)/North Shore Emergency Services (DMH) 24/7 crisis line** [978-744-1585](tel:978-744-1585)
- **Eliot Community Human Services (DMH) 24/7 crisis line** [781-596-9222](tel:781-596-9222)
- **Northeast Behavioral Health** [866-523-1216](tel:866-523-1216)
- **Lahey Emergency Psychiatric Crisis Team** [978-521-7777](tel:978-521-7777)
- **Detoxification Treatment, Danvers Center** [978-777-2121](tel:978-777-2121)
- **Psychiatry and Behavioral Health @ Lahey Burlington** [781-744-8013](tel:781-744-8013)
- **National Suicide Hotline** [1-800-273-TALK](tel:1-800-273-TALK)
- **Tewksbury Treatment Center Inpatient Detox** [978-259-7000](tel:978-259-7000)
- **Online AA and other recovery support group:**
 - ❖ <http://aa-intergroup.org/directory.php>
 - ❖ <http://www.intherooms.com/home/>
 - ❖ <http://massachusetts.networkofcare.org/mh/>
- **Online resources for coping with COVID-19:** <https://www.mass.gov/info-details/maintaining-emotional-health-well-being-during-the-covid-19-outbreak>
- **Online resource for opioid treatment guidance during COVID-19:** <https://www.samhsa.gov/sites/default/files/otp-guidance-20200316.pdf>

Hospice & Hospice House Services

- **BILHAH:** 781-756-2488
 - ❖ <https://vnaofme.com/hospice-house/>
- **Care Dimensions:** 888-283-1722
 - ❖ <https://www.caredimensions.org/hospice-care/care-dimensions-hospice-house.cfm>
 - ❖ <https://www.caredimensions.org/hospice-care/kaplan-house.cfm>
- **VNA Care:** Cambridge, MA 617-661-4944
 - ❖ <https://vnacare.org/patients/hospice-care/elizabeth-evarts-de-rham-hospice-home>
 - ❖ <https://vnacare.org/patients/stanley-r-tippett-home>
 - ❖ <https://vnacare.org/patients/rose-monahan-hospice-home>

Veterans Affairs

- **US Department of Veterans Affairs:**
 - ❖ To get connected call 877-222-8387 Monday-Friday 8am-8pm or apply online <https://www.va.gov/health-care/apply/application/introduction>
 - ❖ The VA is conducting telehealth medical visits and has made temporary changes to their healthcare delivery during COVID-19; more information at: https://www.va.gov/coronavirus-veteran-frequently-asked-questions/?utm_source=VA%20Alert&utm_medium=Banner&utm_campaign=CORONAVIRUS&utm_content=FAQ

Other Resources

- **Massachusetts and Federal COVID-19 laws, acts and FAQs:**
<https://www.mass.gov/info-details/massachusetts-law-about-covid-19>
- **PCA sick care leave under FFCRA:**
<https://nselder.org/wp-content/uploads/2020/04/FFCRA-on-letterhead-English.pdf>
- **Centers for Disease Control and Prevention (CDC):**
<https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- **Massachusetts Department of Public Health (DPH):**
<https://www.mass.gov/resource/information-on-the-outbreak-of-coronavirus-disease-2019-covid-19>; DPH established an Isolation Shelter Program for +COVID-19 homeless patients who are not medically compromised; intake line 781-438-9254 operates 7AM-7PM
- **Mass 2-1-1:**
www.mass211.org or 2-1-1 provides free access to health and human services information 24/7; Mass 211 responds immediately to field calls regarding the crisis and

to direct callers to services most appropriate for their needs; a toll-free number is available [1-877-211-MASS \(6277\)](tel:1-877-211-MASS); hearing impaired call [508-370-4890](tel:508-370-4890) TTY

- **Utility Relief:**
 - ❖ **National Grid** has temporarily suspended collections-related activities, including service disconnections, to lessen any financial hardship
- **DME:**
 - ❖ **NuMotion**, [508-363-1227](tel:508-363-1227) or <https://www.numotion.com/> able to do remote assessments for mobility equipment
- **Making your own mask:**
 - ❖ <https://www.wbur.org/artery/2020/05/06/how-to-make-your-own-face-mask>
- **MassHealth Consumers with UNFULFILLED PCA hours:**
 - ❖ can be connected to a local Home Health Agency that can fill those hours; call MassOptions [844-422-6277](tel:844-422-6277) for live support
- **Adult Day Health Centers CLOSED**
- **Fox Rehab:** [877-407-3422](tel:877-407-3422)
 - ❖ **OPEN and taking referrals** for in-home Med B/outpatient rehab services like PT/OT; No nursing component
 - ❖ can fax referral from to [800-579-0848](tel:800-579-0848) or they are willing to take referral over the phone; the office may need to fax the order
- **Income Tax Filing:**
 - ❖ **Massachusetts DOR** personal income tax deadlines for both returns and payments have been extended to July 15, 2020
 - ❖ **Federal IRS** filing and tax payment deadlines extended to 7/15/20
 - ❖ **Liberty Tax Service:** [617-981-9870](tel:617-981-9870) or [978-452-0700](tel:978-452-0700) **FREE** income tax return preparation for seniors 60+ who are eligible for free filing through community programs like VITA and AARP; income from social security, retirement and income from W2s needs to be under \$60,000
- **Nursing Home Family Resource Line:** [617-660-5399](tel:617-660-5399); 9:00AM - 5:00PM everyday
 - ❖ a dedicated phone line to connect family members of nursing home and rest home residents with the information and resources they need
- **Fuel Assistance:** State deadline has been extended to Friday, May 29, 2020