

## ANNOUNCING OUR NEW WINCHESTER PHO WEBSITE!

















The Winchester PHO is very excited to announce the launch of its NEW website at www.winchesterpho.org

Here, you will be able to see specialist spotlights, hot topics, news and announcements, meeting dates and times, search for providers in the Winchester PHO referral circle, service lines that are offered in the local community, patient resource materials, participating payer contracts, forms and documents, request for information, etc. The team has worked together to compile information with the goal to leverage the site so that it serves a practical and helpful purpose for our PHO members and our patients.

If you have content that you'd like to add or changes that you see that need to be made, please contact: Leslie Charette (leslie.a.charette@lahey.org) for assistance.

OUR OFFICES ARE LOCATED AT: 1021 MAIN ST. 2ND FLOOR, WINCHESTER, MA 01890



## SPOTLIGHT ON WEIGHT MANAGEMENT SERVICES



Dr. Hany Takla is the Medical Director of Robotic Surgery at Winchester Hospital. Dr. Takla is fellowship trained in advanced laparoscopic and minimally invasive tobotic techniques. Dr. Takla offers Generals Zurgery & Bariatric Surgery to patients living in Winchester, MA and the Greater Boston area. He provides minimally invasive surgery for hernias, reflux, appendix, diverticulitis, gallibladder, and various types of cancer as well as gastric sleeve, gastric bypass, and revisional weight loss torgeries. Dr. Takla was also vated one of Boston's Top Docs for 2019 in Boston Magaine.

#### Highlights of Dr. Takla's practice:

- The new comprehensive weight management center includes Bariatric Surgery and Obesity Medicine
- The robotics program has the second highest Surgical volume in Massachusetts
- The outpatient robotic surgery center is the only surgery center in Massachusetts to provide outpatient robotic surgery
- TAMIS procedures are offered by our colorectal surgeon, Dr. Julie Dricken (see Page 4 for more on Dr. Dricken)

### Free Bariatric Informational Sessions Ambulatory Surgery Center @ 620 Washington Street, Winchester

Wednesday, March 25 5PM-6PM Wednesday, April 29 5PM-6PM Wednesday, May 27 5PM-6PM



Keren Wilson, DO, is now seeing patients at the Winchester Hospital Weight Management Program in Medford! Dr. Wilson's practice is located at 75 Riverside Avenue and can be reached at (781) 396-6221





The Center for Healthy Living located at 200 Unicorn Park Dr in Woburn helps community members take charge of their own health and well-being by offering more than 30 programs and services throughout the year. Some of the regularly scheduled activities include, Ageless and traditional Yoga, Flex & Stretch, and Building Bones muscle strengthening.

Also available to patients are Weight Management programs, including HMR Weight Management, Bariatric Surgery, Outpatient Nutrition Services, and Hypnotherapy services.



# According to Dr. Shant Parseghian of our Montvale Endocrine and Diabetes Center,

when evaluating a patient for weight management we should take in consideration different factors including blood pressure, cholesterol, history of hypoglycernia, gestational diabetes or for female patients, delivering a baby more than 10 pounds. Also included are a family history of diabetes, lifestyle and activity level and to approach the problem as a whole.

#### FEBRUARY 2020

## PHYSICIAN MEMBER UPDATE

## WELCOME NEW PHYSICIAN MEMBERS!

NORTH SHORE RADIOLOGICAL ASSOCIATES KHALID HASSAN, MD

WINCHESTER HOSPITAL INPATIENT SPECIALISTS JOSE MORENO CHIRIBOGA MD MUZZAMAL HABIB, MD

AMERICAN VISION ASSOCIATES KAILENN TSAO, MD

THE FOOT HEALTH CENTER OF MERRIMACK VALLEY KELLY NOONAN, DPM

#### PENDING MEMBER ENROLLMENTS

WPA ONCOLOGY HEATHER BENJAMIN, MD (3/2/20)

ROBERT OBRIEN JR MD AND ASSOCIATES ALEXANDRA PRICE, MD

AFFILIATES IN FOOT CARE JOHANN KARL ENTINGER, DPM

### **MEMBER UPDATES**

Congratulations to Middlesex Surgical Associates, who are now an employed group with WPA!

WinPHO Specialists who have obtained a designated WinPHO TIN, enrollment is underway with Unicare.

### **NO LONGER WITH THE WinPHO**

Click here <u>https://www.winchesterpho.org/announcements/provider-status-changes</u> for "real-time" Provider updates

Saritha Bolla, MD Term Date 1/31/20 Formerly practiced at WPA Oncology

> Philip Ellerin, MD Term Date 1/09/20 Formerly practiced at DermPhysicians of NE

\*Neeti Jha, MD Term Date 1/30/20 Formerly practiced at WPA Woburn

Helen Raynham, MD Term Date 2/10/20 Formerly practiced at DermCare Physicians & Surgeons Katrina Dy MD

Term Date 2/10/20 Formerly practiced at DermCare Physicians & Surgeons

\*Harris Ghaus, MD Term Date 1/02/20 Formerly practiced at WPA Woburn

Michelle Michelon, MD Term Date 2/12/20 Formerly practiced at DermCare Physicians & Surgeons

> \*Margaret Denise Mills, MD Term Date 2/25/20 Formerly practiced at LPCO Lowell

Emad Younan, MD

\*Denotes a Primary Care Physician

Term Date 12/01/19 Formerly practiced at Agility Orthopedics SPECIALTIES:

- ALLERGY & IMMUNOLOGY
- ANESTHESIOLOGY
- BARIATRIC SURGERY
- BREAST SURGERY
- CARDIOLOGY
- COLON & RECTAL SURGERY
- DERMATOLOGY
- ENDOCRINOLOGY
- FAMILY MEDICINE
- GASTROENTEROLOGY
- GENERAL SURGERY/ROBOTIC SURGERY
- GERIATRIC MEDICINE
- HEMATOLOGY & ONCOLOGY
- HOSPITALIST
- INFECTIOUS DISEASE
- INTERNAL MEDICINE
- MOHS SURGERY
- NEUROLOGY
- NEUROSURGERY
- OB/GYN
- OPHTHALMOLOGY
- ORTHOPEDIC
- OTOLARYNGOLOGY/ENT
- PAIN MEDICINE
- PATHOLOGY
- PEDIATRICS
- PHYSIATRY & REHABILITATION
- PODIATRY
- PULMONARY/SLEEP MEDICINE
- RADIOLOGY
- RHEUMATOLOGY
- URGENT CARE
- UROLOGY
- VASCULAR SURGERY
- WOUND HEALING & HYPERBARIC MEDICINE

CLICK BELOW TO BE ROUTED TO THE: WINPHO PHYSICIAN MEMBERSHIP DIRECTORY

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FEBRUARY 2020

# **POPULATION HEALTH**

# **February is American Heart Month**



National Wear Red Day was supported at Winchester Hospital on Friday, February 7, 2020! Below are photos of some of our practices who participated. Thank you all!



**Robert J. O'Brien Dermatology** 



Winchester Family Physicians



Woburn Medical Associates - Wilmington

# March is Colorectal Cancer Awareness Month

Dress in Blue Day is Friday, March 6, 2020

Services available at Winchester Hospital



Julie Dricken, MD is our newest surgeon for general and colorectal surgery. Dr. Dricken is located at Middlesex Surgical Associates, 955 Main St, Winchester Dr. Dricken specializes in TAMIS - TRANSANAL MINIMALLY INVASIVE SURGERY. TAMIS is a specialized minimally invasive approach to removing benign polyps and some cancerous tumors within the rectum and lower sigmoid colon. The benefit of TAMIS is that it is considered an organ-sparing procedure, and is performed entirely through the body's natural opening, requiring no skin incisions to gain access to a polyp or tumor. This scar-free recovery provides a quick return to normal bowel function.

## **PRACTICE SUCCESS STORY**

Jo Calnan, our Certified Health Coach at the PHO, had been working for 4 months alongside the PCP with a patient with diabetes who had been resistant to receiving diabetes education. He was finally convinced to see our diabetes nurse educator Erin Murphy at Montvale Endocrinology and we scheduled him an appointment. Once Erin reviewed his chart she followed our new protocol for diabetes education and sent the provider and health coach a note via EPIC that this particular patient should be seen first by our Endocrinologist due to a number of factors. The PCP agreed and processed the referral.

Montvale Endocrine re-worked their schedule internally to accommodate the patient without changing the pre-arranged appointment with the diabetes nurse educator. The goal was to provide seamless care to the patient. The patient was then contacted the following day by Jo and received this response:

# "The appointment was pretty great. Unbeknownst to me, Erin Murphy had taken a look at my chart before the appointment and decided that I needed more help than she could provide so she switched who I would be seeing to Dr. Parseghian, a very smart Endocrinologist, he was tremendous."

And as a result of this team effort to help him manage his diabetes he writes:

"I am now wicked motivated to follow a plan of exercise and diet."

#### Side note: The patient is now also scheduled for an appointment with outpatient nutrition.

## **PATIENT EXPERIENCE**

Dr. Herron is wonderful. I had a problem outside of office hours and once on the weekend and he called me right back. He listens very well. Julie in the office is wonderful tool Great customer service!

**Dr. Jones** is a gifted, empathetic and highly competent physician. I am so thankful that she is my heath care provider.

Dr. Gulla always takes the time to answer all my questions. All her advice is always very common sense. She has my total trust. Would definitely recommend her to others.

Dr. Naimark has been my doctor for 15+ years, I have recently moved to NH and still drive to MA to see her. I have total confidence in her, and she has always been a great provider for my health.

## **QUALITY UPDATE**

### 2019 Win With Prevention Challenge & Outcomes Challenge Winners!

We would like to thank all of the practice staff who participated for all of the outreach and hard work that was done to get patients scheduled for appointments and screenings at the end of 2019. You play a critical role in providing quality patient care and Winchester PHO's quality performance. We appreciate all of your efforts!

A special congratulations to all of the winners!

Win With Prevention Challenge Winners Nicole Eccleston - WMA Wilmington Laurie Lee Crawford - MFP Jean Dragone - WFP Alison Barbush - WPCA Marianne Murphy - WFP Sandra Finn - WFP Stephanie Buono - MFC

#### Outcomes Challenge

- Most Improved: Middlesex Family Practice
- Best Overall Outcomes: LPCO Lowell



January/February patient lists, performance dashboards, and gate score cards reflect 2019 data. We expect the 2020 patient lists will be ready in March.

Practices should focus on outreach for any patients due for a well-child visit or any diabetes measures in 2020 that do not have an appointment scheduled.

# PHO UPDATES

The Win-PHO is pleased to announce that we now have two ways for our member practices to obtain Referral Pads on our new website!

Pracitices can either download and print a full-size PDF version of each referral pad or order the smaller, tear off sheets electronically. For either option, from our home page, go to Services/Referral Management/New! Referral Pads (for PDF) or Referral Pad Request (to order electronically). When ordering electronically, complete all required fields and submit your order. Please allow 2-3 business days for courier delivery.

> Questions? Contact Leslie Charette, at (781) 756-8671 leslie.a.charette@lahey.org

## **Our Providers**

Patient Resources

#### Referral Management





WinPHO Referral Pad Order Form Depending on the volume of sequence, we will place a hold until we can obtain a hold ontil

If you are in need of an immediate supply of referral order pads, please contact L Charette at (261) 255-9671, or dial the Central PHO line at 281-256-2111 and any our office would be glad to assist.

## New! Referral Pads

The PHO is pleased to offer full page PDF versions of Referral Pads available through our network! These pads are printer ready for distribution to patients. If you would like changes made to a particular pad, please email Leslie Charette (leslie.a.charette@lahev.com).

If you would prefer the smaller, printed referral pads for your practice, we will continue to offer them. Simply select Referral Pad Request and complete the online order form.

#### **Referral Pads Alphabetical by Specialty**

Specialties A-G	+
Specialties H-O	+
Specialties P-Z	+



The PHO has been named to the 2019 HPHC Physican Group Honor Roll! This recognition is awarded to practices whose LCU performance on 16 HEDIS measures for acute, chronic and preventative care, fall in the top 25th national percentile. Thank you to all of our member practices for your contributions in providing the highest quality of care!



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